



**Performance Note**  
**HB0035 - Mental Health**  
**Treatment Access Amendments**  
Sponsor: Rep. Eliason, Steve



Performance Note Report

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Agency: Department of Human Services

Funding For:

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Serving a New or Larger Population

Public Benefit:

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**Purpose:** 154-166- Grants for the development of an ACOT (Assertive Community Outreach Treatment). This program continues the work set up under Operation Rio Grand (ORG) as many individuals continue to require services to live successfully in the community. Behavioral Health and medical professionals provide assertive community outreach treatment based on the individual needs of each person and coordinate with other community providers and resources. Individuals targeted with this program are often chronically homeless with serious mental health and/or substance use issues that seriously complicate accessing treatment and affordable housing, and they negatively impact the general health of the person and the communities in which they choose to live. This team addresses the highest-need individuals who often experience revolving jail and/or hospital admission with an evidence-based approach that produces quantifiable results by decreasing recidivism to ER, Inpatient Psychiatric Hospitalization, Jail, and criminal justice involvement. 168-198 - Housing assistance program for individuals discharged from USH. Provide housing assistance to individuals discharged from the Utah State Hospital who would benefit from participating in an Assertive Community Outreach Treatment Program (ACOT). Individuals would be required to continue in treatment with ACOT to receive housing assistance.

**Services:** 154-166- Grants for the development of ACOT (Assertive Community Outreach Treatment). DSAMH is to award grants for the development of ACOT Programs to provide assertive community outreach treatment to individuals in the state which provides client-centered services through a community-based services delivery system. Services are mobile and provided by a multi-disciplinary team of Behavioral Health professionals that are individually tailored to each person to provide in-depth assessments, treatment plans, rehabilitation, support services, and referrals to other community resources with a focus on recovery through housing, jobs, and focus of living successfully in the community. 168-198 - Housing assistance program for individuals discharged from USH. Assistance may include working with landlords and community providers to locate affordable housing, subsidizing rent payments, subsidizing the provision of temporary or transitional housing or providing money for one-time housing barrier assistance, including rental housing application fees, utility hookup fees, and rental housing security deposits.

**Expected Outcome:** 154-166- Grants for development of an ACOT. Outcomes for Individuals with Serious Mental Illness and/or substance abuse issues served by ACOT will show reduced psychiatric

inpatient hospitalizations and/or State Hospital Admissions, ER visits and decreased criminal justice involvement while increasing; housing stability in the community, engagement in mental health/ substance abuse treatment, enrollment in mainstream benefits, overall income, and community safety. 168-198 - Housing assistance program for individuals discharged from USH. The ability to move quickly and transition appropriate individuals ready for discharge from the Utah State Hospital (USH) to the community, keeping them engaged in treatment. This reduces future costs and frees up resources at USH, improving the flow-through capacity of a high cost, high-end finite resource and ultimately reducing the overall per-person cost.

Implementations and Resources: 154-166- Grants for development of an ACOT. Consistent with the language of the bill, DSAMH will prioritize the awards based on the number of individuals the proposed ACOT will serve; and the percentage of matching funds the entity will provide to develop the proposed ACOT. 168-198 - Housing assistance program for individuals discharged from USH. DSAMH will review cases to identify situations where providing subsidized rent payments, subsidizing the provision of temporary or transitional housing or providing money for one-time housing barrier assistance, including rental housing application fees, utility hookup fees, or rental housing security deposits will benefit the individual and provide an appropriate transition to the community and keep the person engaged in treatment to decrease the likelihood of recidivism to the highest levels of care.

How: 154-166- Grants for development of an ACOT. The services provided by this new ACOT Team will provide resources to the most severe and chronically homeless individuals in our state. The ACOT team works together to address complicating factors and achieve evidence-based results for the individual as well as the community in which they live. 168- Assistance program for individuals discharged from USH. Housing is consistently a barrier for exit from the State Hospital. When an individual is unable to discharge in a timely manner from the State Hospital because of a lack of community housing the overall cost of care is increased and the recovery plan is delayed. This program will free up resources at USH and provide the appropriate transition for the patient at the appropriate time.

Performance Measures

Goal

Title: Number of individuals served by ACT pilot

Description: ACT teams can serve up to 100 each and participation on the team is long term. It takes at least a year usually to build a team to full capacity.

Collection Method: Reports required by contract with contracted service providers including identification of all individuals served, demographics, and type and amount of services provided.

	2020	2021	2022
Target	0.00	150.00	200.00
Baseline	0.00	0.00	0.00

## Goal

Title: Rental Assistance supporting outplacement from Utah State Hospital

Description: Number of months of rental assistance provided a housing voucher facilitating successful outplacement from inpatient care.

Collection Method: Through a partnership with local mental health and housing authorities, shelter plus care will be required and will ensure people continue in treatment services to continue their housing assistance. Similar programs exist and can be built off to avoid duplication.

	2020	2021	2022
Target	0.00	1250.00	1250.00
Baseline	0.00	0.00	0.00

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By rule, performance notes are provided by the governmental entity that will supervise the new agency or administer the new program. Performance notes are not written by the Office of the Legislative Fiscal Analyst.